



## Make-up for beach babes

INSPIRED BY THE BEACH, Aerin has introduced Shell Color for a fresh take on summer essentials. The collection includes everything from an all-in-one palette to an on-the-go bronzer in two shades. Also available are a lip gloss and lipstick. Try Aerin's multi-purpose Beach cream for skin and hair dried from the sun, wind and surf.

Priced from £22, you'll find the collection at John Lewis and Selfridges in Oxford Street.

## A session to smooth out problem areas

IF YOU'RE ABOUT to hit the beach, try the Lymphatic Drainage and Toning Body Treatment at the Chantecaille Healing Spa at Fenwick in New Bond Street (£130 for an hour and a half).

The treatment is designed to help eliminate water retention and toxins, reducing the appearance of cellulite. The therapist works on cleansing the lymphatic system, stimulating circulation and concentrating on lifting and contouring problem areas.

To book, call 020 7409 9870.



## Instant results to make skin glow

FOR A RADIANT glow this summer, try the new Intraceuticals oxygen infusion, courtesy of Dr Rabia Malik, cosmetic doctor at Skin W1 in Devonshire Place.

The treatment (£250 for one hour) begins with a detoxifying mask followed by an oxygen infusion to deliver serums containing active ingredients to the skin. It ends with a stimulating and lifting facial massage to aid lymphatic drainage. The skin is said to look brighter, firmer and more flawless immediately following the treatment.

To book, call 020 3086 7715.

## Pampering for mums-to-be

THE JO HANSFORD SALON at 48 South Audley Street has launched a pre-baby pamper package.

Following a consultation, a natural vegetable gloss treatment is applied to the hair. While the colour takes effect, you'll be treated to a Triple Yoghurt Bliss smoothie and a signature pedicure.

This is followed by a hair wash, an intensive masque treatment and a head massage.

The package costs from £200 and includes a mini Jo Hansford Illuminoil to take away to pack into your hospital bag.

To book, call 020 7495 7774.



TO COINCIDE with Royal baby fever, John Lewis Oxford Street has rolled out a Yummy Mummy prep service to cater for the ensuing rush to get mums ready, feeling great and looking fabulous.

Tailored to the needs and stages of pregnancy, Elemis is offering the Yummy Mummy Foot Treatment, which has been devised to relieve swollen feet. The session is followed by one-on-one nursery advice and baby gift-list creation.

Priced at £20, the service is available until the end of June. To book, email [events\\_oxford\\_street@johnlewis.co.uk](mailto:events_oxford_street@johnlewis.co.uk)

To complete the pampering service, mums-to-be can also take home a luxury mother and baby hamper (£119), containing a variety of goodies for mum and baby.

